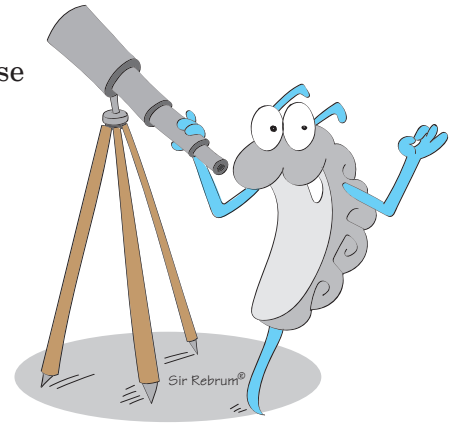


# THE ORGANWISE GUYS<sup>®</sup> ACTIVITY

Hello hello,

Did yesterday feel like a day that was in perfect balance? It should have, because yesterday was the Autumn Equinox, which means we had exactly twelve hours of day and twelve hours of night. That only happens one other day a year, so if you missed it, you'll have to wait until March to enjoy a day in perfect balance. However, you can make sure and live your life in perfect balance EVERY day by balancing your energy equation. Keep it balanced daily with healthy food choices and plenty of physical activity ... you know, exercise!

Keep thinking healthy thoughts,  
**Sir Rebrum**



Sir rebrum enjoys observing things in the heavens.

Unscramble these other things that appear in the day or night sky.

1. usn \_\_\_\_\_
2. omon \_\_\_\_\_
3. astsr \_\_\_\_\_
4. ntslpea \_\_\_\_\_
5. drbis \_\_\_\_\_
6. luocds \_\_\_\_\_
7. lspae \_\_\_\_\_
8. nwboira \_\_\_\_\_
9. capes teutshl \_\_\_\_\_
10. niar \_\_\_\_\_

### Answers:

1. sun
2. moon
3. stars
4. planets
5. birds
6. clouds
7. planes
8. rainbow
9. space shuttle
10. rain

