

COLOR ME ORGANWISE

Hello fellow OrganWise Guys Club Members,

No Thanksgiving meal is complete without some turkey and a side of sweet potatoes. This is very convenient because November's foods of the month are lean meats, like turkey and chicken, and sweet potatoes. Don't wait 'til the 26th to enjoy these foods, either. With these foods of the month, it's like Thanksgiving is thirty days long!

Until we meet again,
Pepto

