

Pepto

the stomach®

Hello fellow OrganWise Guys Club Members,

Last night, my dad grilled some amazing chicken and my mom cooked some unbelievably good broccoli. After the meal was over, I was sad I didn't get to eat it again. But then my mom told me we had extra for leftovers for tomorrow night's dinner! Leftovers are the best, because not only is it a quick meal for your parents to make, but it's also a great way to make sure we don't waste food! So next time you're worried about leaving food on your plate, don't make yourself sick by eating too much, just put it in some Tupperware or a plastic baggie for later. Your stomach and your parents will thank you!

Until we meet again,

Pepto

