

Hola amigos,

I know you are very excited about putting on a costume and trick or treating this Halloween; we are too! That's why we are going to be sharing some of our favorite trick or treating tips so you can have a happy and healthy Halloween. Tip #1 is very simple: wear comfortable shoes. We know some princesses wear high heels or superheroes wear big boots, but remember that you are going to be walking a lot, so make sure your feet are comfy and blister-free!

Adios,

**Madame Muscle** 



Design a pair of shoes below that are comfortable and matches your costume!

