

Thanksgiving may be over, but being thankful doesn't have to be. So many people touch our lives, and we have so many reasons to be thankful, so I am continuing my mission of saying thanks. Today, I am letting the school nurse know how thankful I am that she is always there for me when I am not feeling well, and knows what I need to feel better, even when it's a call to my parents. Is there anyone you forgot to say thank you to? It's not too late to let them know that they are appreciated!

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Think healthy thoughts, **Sir Rebrum** 



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Sir rebrum<sup>®</sup> (the brain)