

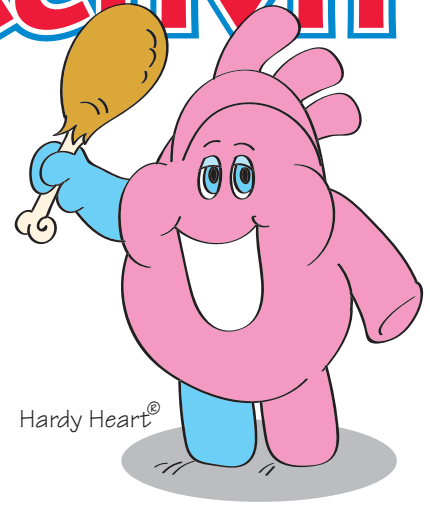
THE ORGANWISE GUYS[®] ACTIVITY

Hey everybody,

Happy Thanksgiving! Hope you are enjoying the day hanging out with those who mean the most to you! I also hope you are staying healthy and active this holiday. Don't forget to choose healthy options when making your plate. It's also important to get a little exercise in today, even if it's just a quick walk around the block.

Have a healthy Thanksgiving!

Have a great day,
Hardy Heart



Draw some of the things you're most thankful for this year.

