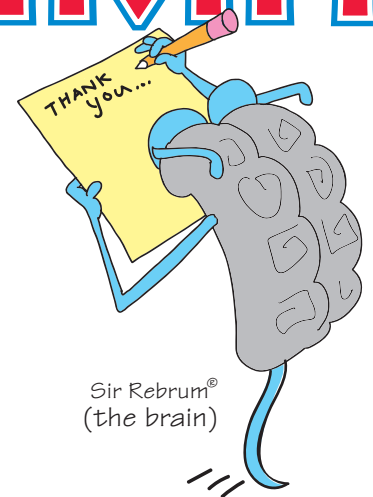


THE ORGANWISE GUYS® ACTIVITY

Hello hello!

Last week, I gave our lunch lady Ms. Mary a card letting her know how thankful I was for her, and she was thrilled! Making her feel good made me feel good. That's when I realized that I wanted to keep making people feel good. So today I gave my bus driver a thank you card for getting me safely to and from school everyday. If you have anyone at school you are feeling thankful for, let them know, they'll surely appreciate it!

Think healthy thoughts,
Sir Rebrum



Sir Rebrum®
(the brain)

Time Problem

Each day, The OWG school bus leaves at 3:20.
Below, we've listed the length of time each student rides.
What time do they get dropped off?

Hardy Heart®
Calci M. Bone®
Sir Rebrum® (the brain)
Peri Stolic® (the intestine)
Madame Muscle®
Pepto (the stomach)
Luigi Liver®
The Kidney Bros®

THE ORGANWISE GUYS®
The Low-Fat, High-Fiber, Lots of Water, Exercise

_____ Madame Muscle: 15 minutes
_____ Luigi Liver: 30 minutes
_____ Peri: 38 minutes
_____ Pepto: 22 minutes

_____ Sir Rebrum: 12 minutes
_____ Hardy Heart: 9 minutes
_____ Calci: 32 minutes
_____ Kidney Bros.: 21 minutes

THE ORGANWISE GUYS®